



## How to make homemade bars of soap with shea and essential oil

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Make your own homemade bars of soap with essential oil. Shea butter makes the soap especially moisturizing and emollient. Due to its natural properties, lavender is known for its calming and relaxing effect and for cleansing the skin gently. Melt the soap base either in a water bath or in the microwave. You will need 50 g soap base per finished square of soap. Place your bar of soap in a soap dish, allowing it to dry out between each use.

### *Comment faire*



**1** Weigh 300 g soap base to make six finished bars of soap. Cut them into chunks. We recommend you use gloves when melting the soap base.



**2** Melt the soap base in the microwave with 30 second intervals at 80% power and stir between each interval to prevent heat damage.



**3** Add 2 cm purple soap dye paste and 9 drops of essential oil. Stir well.





**4** Wash the mould and spray it with rubbing alcohol. Wipe it well to make sure it's completely dry prior to use.



**5** Sprinkle a thin layer of dried lavender over the bottom of the mould and pour the molten soap into the mould.



**6** Remove any air bubbles from the surface by spraying with rubbing alcohol. Remove the bars of soap from the mould once hardened after 2-3 hours.



**7** This photo shows the bars of soap with the bottom face up showing the sprinkled lavender. When using dried lavender, the colour can seep into the soap which over time can turn slightly brown.