



Expérimentez la nature et confectionnez un cahier dédié à la nature

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Confectionnez un livre dédié à la nature à utiliser pendant vos explorations extérieures. Un livre nature est un petit cahier dans lequel vous rassemblez toutes vos expériences en extérieur. Apportez une loupe et le livre nature dans les bois, à la plage ou au jardin. Vous pouvez dessiner les insectes et les fleurs que vous voyez, presser les fleurs que vous souhaitez conserver et écrire ou dessiner ce que vous avez ressenti. Cet étui contient tout ce dont vous avez besoin.

Comment faire



1 Go for a walk outside with the case.



2 Get out the magnifying glass and explore Nature up close.



3 Use the pages with the illustrations to tick off what you see. Pages ready for being ticked off are supplied with the case. You may make a list by drawing items that you want to find and draw a small circle next to each drawing so that you can tick these off once you have found them.





4 Draw what you see, for example, insects, flowers, a leaf, a seashell or other items. Nature offers lots of beautiful items. The case also includes pages for the nature book and teaching you – step by step – how to draw insects and flowers.



5 Save the flowers that you find by pressing them. Place the flowers inside the book and fasten the supplied elastic bands around the book. In order for the flowers to dry completely, they must be between the pages in the book for approx. 14 days. The drying time depends on the type of flower, leaf or stalk it is. Why not try it out?



6 Decorate the pre-printed pages supplied with the case. Details are missing on some pages in order to finish the picture. You may decorate with the pressed flowers.



7 Finish the other pages adding the missing details. You may use the supplied colouring pencils.